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The Preceptor

The Newsletter for U of Iowa Preceptors



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From The PEP Desk: Every Breath a Lesson?

When precepting student pharmacists, is every breath a lesson? The following is an excerpt from a book by a tenured professor from the University of Utah, Neal Whitman. He writes:

"In the presence of medical students and residents, medical teachers are never not teaching. This notion will not ring true for you if you equate teaching to giving information. But, if you view teaching as any interpersonal communicative event that occurs because of your desire to help learners, then every breath is indeed a lesson."

Preceptors serve as role models, mentors, evaluators, teachers and future colleagues to our student pharmacists. I couldn't help but agree with the words Dr. Whitman so eloquently wrote. Every breath is a lesson if you view teaching in experiential education as an "interpersonal communicative event".

Student pharmacists watch every move their preceptors make. Teaching is not limited to the patient discussions, topic discussions, or journal clubs, but it stretches to every encounter you have with a worried or frustrated patient, your decision making techniques when faced with a problem, the words you utter regarding health care coverage or cost of medications, and the interactions you have with other healthcare providers. Every reaction, every encounter, every "breath". These "breaths" are what shape the knowledge, skills and attitudes of each student pharmacist you teach.

We are continually appreciative of the insightful lessons that are taught by our preceptors at the University of Iowa College of Pharmacy. We thank you for your continued dedication to the education of student pharmacists.

--Susan H. Staggs, Pharm.D., BCPS

Whitman N. Notes of a medical educator: observations, reflections, and connections. Salt Lake City: University of Utah School of Medicine, 1999:91.



Meet the New Staff in the Professional Experience Program



Jenny Seyfer, BSP Pharm, recently joined the College of Pharmacy Professional Experience Program as the Assistant Director. She is responsible for the coordination of the Introductory Practice Experiences (IPEs). Jenny has a BS in Pharmacy from Drake University and practiced at an independent community pharmacy in Cedar Rapids until young children kept her at home. During her stay-at-home mom days, she became actively involved with various community organizations not only as a volunteer, but also by serving on the executive boards of the organizations. She spent many years as an active volunteer for the Cedar Rapids Community School District, receiving awards for her volunteerism. This led to her most recent position in the health office of the diverse McKinley Middle School.

Jenny is excited to be a part of the PEP team in the College of Pharmacy as it fulfills her desire and enjoyment of working with students along with fueling her renewed passion for the profession of pharmacy. Jenny resides in Cedar Rapids with her youngest son, Sam (16) and with her two oldest children, Andy (22) and Abby (20) when they are not attending college. Jenny enjoys reading a good fiction book or walking her wheaten terrier, Lizzie, and can be found gardening during the summer and watching football in the fall. GO HAWKS!



Lisa DuBrava, BBA, joined the College of Pharmacy, Professional Experience Program as a Program Assistant in November. Lisa is a native of Iowa City and is very familiar with the University of Iowa. She obtained a bachelors degree in business administration from the University of Iowa Tippie College of Business. Lisa and her husband have twin daughters, Jordan and Alexis, who are in kindergarten. In her spare time she enjoys reading and singing with the praise team at her church. And, during football season, you will see her cheering for the Hawkeyes.

Lisa is responsible for coordinating the adjunct faculty appointments for the professional experience program. She also coordinates the Education Management System (EMS), the program which manages our introductory and advanced practice experiences. Lisa is available to students and preceptors if they have a question or need assistance with any aspect of our program. Lisa looks forward to getting to know the students and preceptors.

Meet the Preceptor

Name: Krissy Berger, PharmD

Practice Site: Target Pharmacy, West Des Moines, IA

Job Title: Pharmacy Manager

Rotation Offered: Community Pharmacy

Graduation School and Year: University of Iowa, 2004

What made you decide to be become a preceptor?

Throughout my rotation year, I realized the influence and impact a good preceptor can have on a student's experience and possibly career path. Upon graduation, I was fortunate enough to become employed with a site where my partner was already a preceptor for both the University of Iowa and Drake. I then became a preceptor myself and wanted to use this opportunity to demonstrate the importance of retail pharmacy in the profession.

Please tell us a little about your background and work experience.

While in pharmacy school, I worked at the University of Iowa Hospital and Clinics Central Pharmacy. So, entering rotations, the only pharmacy experience I had was in the hospital field. It was during my rotation year that I

realized how much I enjoyed many aspects of retail pharmacy.

While in school, did you work with any preceptors who made an impact on you?

Honestly, each preceptor I worked with had some impact on my student experience, and I learned a great deal from each person. However, the very positive rotations I had with Scott Sitzman at Target Pharmacy in Ames and John Forbes at Medicap Pharmacy in Urbandale changed my perspective on retail pharmacy. I understood that retail pharmacy did not have to be entirely based on volume of prescriptions but quality of care for every patient.

What is your teaching/precepting philosophy?

I remember what it was like to be in their shoes! I believe students learn the most when they receive hands-on experience and participate in every possible aspect of the rotation. We have open communication, and I encourage questions as well as feedback from the students. Also, I try to make their time at our pharmacy fun. A positive atmosphere in the pharmacy provides a better learning environment for students and will translate to a higher level of service to our patients.

New Introductory Practice Experience 2

IPE 2 Community Pharmacy—3 week concentrated experience (40 hours/week)

IPE 2 Hospital Pharmacy—2 week concentrated experience (40 hours/week)

These experiences will take place over the student pharmacists' summer and winter break. We will begin asking for teaching availability for Introductory Practice Experience 2 (IPE 2) in the near future. If you are interested in either of these experiences, please contact Jenny Seyfer (jennifer-seyfer@uiowa.edu)

Benefits Corner: Free Continuing Education

As a benefit to our preceptors, the University offers free, online CE each year through the preceptor education program developed by the Collaborative Education Institute. The initial core program is a requirement for all new preceptors and is available to all preceptors. Additionally for 2008, two new modules have been added to the list of available CE:



1. Core Modules for Precepting Student Pharmacists(0.2 CEUs)
2. Demonstrating Cultural Competence (0.2 CEUs)
3. Developing and Implementing an Introductory Pharmacy Practice Experience (0.1 CEUs)

The CEI preceptor training program can be found by going to: <http://www.theceinstitute.org/Preceptor.aspx>. Please contact our office if you have any questions. (cop-iowa-prof-exp@uiowa.edu)

Tech Tools: Working with Iowa Drug Information Network

IDIN, or the Iowa Drug Information Network, is “an educational and service program designed to support the drug information role of the pharmacist in providing pharmaceutical care”. The IDIN website can be found by going to: <http://www.uiowa.edu/~idin/idinlink.htm>. Access to IDIN is another one of the benefits given to UI preceptors.



IDIN also provides a drug information consult service provided by student pharmacists who are completing the Drug Information Advanced Practice Experience. Preceptors can receive access to drug information consult services, such as answering patient specific questions, help with drug information questions, and document delivery for pre-1994 *IDIS* articles.

IDIN maintains web links in the following categories:

University of Iowa	Medical/Pharmacy Information
Journals/Newsletters	Clinical Practice Guidelines
Evidence Based Medicine	Disease Specific Guidelines
Professional Associations	Companies/Manufacturers
Patient Education	US Federal Government
Disease Specific Patient Education	Other Sites

This service is provided by P4 students under the direct supervision of College of Pharmacy faculty or pharmacists. Please note that this service is not available when student pharmacists are not staffing IDIN.

Contact IDIN by email, idin@uiowa.edu, and toll free telephone, 800-525-4347. The IDIN web site, <http://www.uiowa.edu/~idin/>, posts the current student **pharmacist** staffing status of the service.

Welcome Our New Preceptors

Lucas Bartlett	Walgreens #05077 Pharmacy
Coby Carstens	Covenant Medical Center
Lauren Cumings	Mercy Medical Center-CR
Dayna DaLauro	Zuni Comprehensive Community Health Center
Angela Danielson	Hy Vee #1109 Pharmacy
Ashley Dohrn	Main Healthcare Pharmacy
Sean Duffy	CVS Pharmacy Field Operations - Arizona
William Eden	Mercy Medical Center-Clinton
Travis Fisher	Procter and Gamble
Michael Fuller	Walgreens District Management - Des Moines
Michael Gerking	Lewis Family Drug
April Hanson	Regional Medical Center
Mark Harris	Alegent Health Mercy Hospital
Casey Hundertmark	CVS #8547 Pharmacy
Wendy Jackson	ValuMed Pharmacy
Allison Jacobson	Target-Urbandale
Jennifer James	Outcomes Pharmaceutical Health Care
Marni Juhasz	Main Healthcare Pharmacy
Julie Kasap	St. Francis Medical Center
Katherine Koehn	Palmer Lutheran Health Center
Terry Kohnen	CVS #8532 Pharmacy
Tiffany Lichty-Gaffey	Hy Vee #1013 Pharmacy
Tim Madsen	Medicap Pharmacy-Toledo
Lloyd Matowe	MSH Center for Pharmaceutical Management
Gayle Mayer	Spencer Hospital
Veronica McGee	Hy Vee #1013 Pharmacy
Amanda Mull	Amicare Pharmacy - Bettendorf
Hanh Nguyen	CVS Pharmacy-Scottsdale AZ
Matthew Niehaus	St. Francis Medical Center
Darla Noah	CVS #8435 Pharmacy
Christopher Parker	Mercy Family Pharmacy-Cascade
Denise Parmley	Regional Medical Center
Maria Schult	Allen Clinic Pharmacy
Kendra Sieperda	ValuMed Pharmacy
Jamie Smelser	University of Iowa Hospitals and Clinics
Pat Sturtz	Pocahontas Pharmacy, Inc.
Ricky Sumpter	Hannibal Regional Hospital
Michael Tiesi	Alegent Health Mercy Hospital
Michael Williams	Mercy Long Term Care Pharmacy
Dawn Youngblood	Hannibal Regional Hospital



Preceptor Development Update

Preceptor development is intended to assist pharmacist preceptors in enhancing their skills as teachers and evaluators of student pharmacist performance. As outlined in the Accreditation Council for Pharmacy Education Standards 2007, "...the college or school must ensure that preceptors receive orientation, especially for first-time preceptors prior to assuming their responsibilities, ongoing training, and development."¹

- All new preceptors must complete The Collaborative Education Institute (CEI) Preceptor Development Program (found at <http://www.theceinstitute.org/Preceptor.aspx>) prior to teaching student pharmacists for Introductory or Advanced Practice Experiences (IPEs or APEs).
- Existing preceptors will be asked to indicate their participation in such programs at each renewal of their adjunct faculty appointment which occurs every three years. Participation in preceptor development programs will be shown by providing the PEP office with information on program attended, copy of CE certificate, or direction to use electronic notification system from designated preceptor development program.

The following is a list of current ongoing preceptor development programs (subject to change):

- The Collaborative Education Institute (CEI) Preceptor Development Program found at <http://www.theceinstitute.org/Preceptor.aspx>
- Live, Continuing Education offered annually at IPA Educational Expo
- The Community Pharmacist Preceptor Education Program found at www.pharmacist.com/education or www.nacdsfoundation.org
- Other preceptor development programs offered through professional pharmacy organizations

¹Accreditation Standards and Guidelines for the Professional Program in Pharmacy Leading to the Doctor of Pharmacy Degree. Chicago, Ill: ACPE. Available at: http://www.acpe-accredit.org/pdf/ACPE_Revised_PharmD_Standards_Adopted_Jan152006.pdf. Accessed June 28, 2007.

Dates to Remember

April 14	First Day of APE Cycle 10
April 16	APE Cycle 9 Grades Due
May 14	APE Cycle 10 Grades Due
May 15	Graduation
May 19	First Day of APE Cycle 1, IPE 2 Community Cycle 1, and IPE 2 Hospital Cycle 1
June 2	First Day of IPE Hospital Cycle 2
June 14	First Day of IPE Community Cycle 2
June 20	First Day of APE Cycle 2
June 25	APE Cycle 1 Grades Due

APE = Advanced Practice Experiences

IPE 2 = Introductory Practice Experiences Year 2

Professional Experience Program Office

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e-mail: cop-iowa-prof-exp@uiowa.eduWebsite: www.pharmacy.uiowa.edu/CAP/pep/index.htmEMS Login: www1.ems-webs.com/iowa/**Director:** Jay D. Currie, PharmD, FCCP, FAPhA

Office location: S521 PHAR

Telephone number: (319) 335-8875

e-mail: jay-currie@uiowa.edu*Responsible for oversight of entire professional experience program.***Faculty:** Susan H. Staggs, PharmD, BCPS

Office location: S413 PHAR

Telephone number: (319) 335-8837

e-mail: susan-staggs@uiowa.edu*Responsible for preceptor development, new site development, and quality assurance.***Associate Director:** Sandy Johnson, MS, RPh

Office location: S414 PHAR

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e-mail: sandra-j-johnson@uiowa.edu*Responsible for coordination of Advanced Practice Experiences (APEs).***Assistant Director:** Jenny Seyfer, BSP Pharm

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e-mail: jennifer-seyfer@uiowa.edu*Responsible for coordination of Introductory Practice Experiences (IPEs).***Program Assistant:** Lisa DuBrava, BBA

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e-mail: lisa-dubrava@uiowa.edu*Responsible for new faculty appointments and appointment renewals, Education Management Systems (EMS) and administrative components of the program.*